

OPTA CMA Committee Meeting
Jul. 11th, 2022 6:30pm

Committee Members Present:

Talina Corvus (chair)
Susan Weedall
Jose Reyna
Katie Farrell
MCKail Boyton
Michelle Fogg
Kate Stribling
Caitlin Burbank

Guests Present:

Jeremy Hilliard
(APTA-OR President)
Amy Frasier (OSU, dietician, Health equity)
Mel Kakimi, SPT

Board Liaison:

Tiffany King (absent)

Welcome & Introductions:

Please share your name, practice area/specialty, and one way you are taking care of yourself in these past few weeks.

Update from Board Liaison:

Tiffany: unable to attend this evening

Guest Introduction and Discussion:

Welcome Amy Frasier who will be our guest speaker for the APTA-Oregon Sept. PT Ed Serves as Director of Health Equity at OHSU. Works to address anti-fat bias, weight inclusive care. Serves as body trust provider to address anti-fat bias. Talk will be in collaboration with the Oregon Dental Hygiene Association (ODHA).

APTA Oregon PT ED talk with Amy will be September 14th, 6:30-8:30 pm via Zoom.

Content to consider covering:

Intersectional bias of racism and fat stigma.

Evidence around weight and health.

BMI - how BMI formula was derived, pitfalls when utilizing BMI

Trauma informed care considerations

Missed diagnoses due to body shape, pathologizing of the fat body

Accessibility issues (environmental, equipment)

Jeremy Hilliard: thanks to CMA members who developed OHA courses addressing equity in healthcare. Recent stats: 60% of participants in courses were PTs, courses accessed by health practitioners in five states. In addition to providing quality course content, CMA courses are generating revenue for APTA Oregon.

APTA Oregon is extending the deadline for those interested in serving on APTA Oregon Board. Jeremy or Tiffany available to answer questions about Board positions.

Committee Updates by Workgroup:

❖ Plan and outline for fall conference

Update on Workgroup Leadership for 2022

➤ Research (Talina)

- Survey project has completed data collection and analysis! PTs, PTA's and students in Oregon and Washington were surveyed. Caitlin, Jose, and Talina are finishing the write up this month. Potentially could present findings during APTA Oregon Fall Conference.
- Thank you to McKail for assisting with qual data analysis and editing!

➤ Education (Katie Farrell)

- Ed Talk Topic: Anti-Fat Bias
- Thoughts on a Fall Conference: We are expected to speak on the research project outcomes.
- Spring Conference Topic ideas??? Ideas: Trans Health, how do PTs fit into trans health, consider collaboration with OT, Trauma Informed Care, Health Literacy, Ableism in the PT profession, potential for different presentations of health conditions based on race. Consider who might be speakers or if you would be willing to work on a Spring presentation. Let Talina or Katie know if you have ideas.

➤ Community Outreach (Jose Reyna)

- Nothing in the works. Mark will transition into co-leading. Can reprise park gathering that was canceled last year due to Covid...but it is getting late in the year.
- Other ideas for a committee gathering? Portland Center Stage still has the ability to provide an indoor space at no cost.
- Networking & Mentorship (Talina)
 - The Chair's for the Gov. Affairs and Student Outreach Committees have changed and we need to re-establish connections with those groups. Need to determine who is currently chairing Gov. Affairs. Chief Liaison for SLC: Emma Graddy

Other News!

- ❖ Our OHA course has done very well around Oregon and for our Association
- ❖ Current CMA annual budget is \$900. Some of this year's budget is allocated to pay Amy for presenting at PT Ed talk in the fall.
- ❖ Michelle Fogg has matched 9-10 students in the U.S. to housing while at internships. Multiple requests for housing. Organization is now a 501-3C.
<http://www.shareyournest2021.org>
Students requesting housing in Fairbanks, Anchorage.

Next meeting is November, 2022. Focus will be on wrapping up events of fall, planning for Spring 2023.