

APTA Oregon Fall Workshop

VIRTUAL EVENT

September 25, 2021

7:00 am - Networking and Introductions

7:45 am - Programming Begins

EDUCATIONAL WEBINAR
4 CE CREDITS



Jeff Schlimgen



Christopher Terndrup

FEATURING

**JEFF SCHLIMGEN, PT, NCS and
CHRISTOPHER TERNDRUP, M.D.**

***Long COVID – An
Opportunity to Expand
Our Therapy Toolbox
(1.5 CE Hours)***

**The Future of Physical Therapy Clinical Education: Exploring
Collaborative Contemporary Frameworks (1.5 CE Hours)**

Beth Ann Thorpe, LPTA, MS, CSCS

**Achieving Health Equity Requires Understanding the Social
Determinants of Health (1 CE Hour)**

Katie Farrell, PT, DSc, ACEEAA and Talina Corvus, PT, DPT, PhD, GCS, ACEEAA

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EDUCATIONAL WEBINAR

7:00 - 7:30 AM

Networking

7:30 - 7:45 AM

President's Welcome

Present by Jeremy Hilliard, PT, DPT



7:45 - 8:45 AM

Achieving Health Equity Requires Understanding the Social Determinants of Health (1 CE Hour)

Presented by Cultural and Minority Affairs Committee, Katie Farrell, PT, DSc, ACEEAA, and Talina Corvus, PT, DPT, PhD, GCS, ACEEAA



Knowledge of societal inequities is identified as one of five key components needed to live and work effectively in culturally diverse environments and promote fairness and the full participation of all members (Goodman DJ, The Cultural Competence for Equity and Inclusion model, 2014). This presentation will focus on knowledge of societal inequities by

exploring the known social determinants of health (SDoH) that impact individuals and communities. Through understanding the conditions in which our patients live, learn, work, and play (cdc.gov) we can begin to improve individual and population health.

Following the presentation, participants will be able to:

1. Identify the 5 main categories of the SDoH, as identified by Healthy People 2020 & 2030.
2. Discuss the influence of upstream, midstream, and downstream factors on health.
3. Identify a strategy to apply to learning more about the needs and resources within their community.

8:45 - 9:00 AM

Break

9:00 - 10:30 AM

Long COVID – An Opportunity to Expand Our Therapy Toolbox (1.5 CE Hours)



Jeff Schlimgen



Christopher Terndrup

Presented by Jeff Schlimgen, PT, NCS and Christopher Terndrup, M.D.

Many people infected with COVID-19 have a prolonged recovery, with persistent symptoms in approximately 10% of infected people. This post-acute sequela of COVID-19 or Long COVID can occur irrespective of severity of illness. Multiple anatomical and physiological systems appear to be involved, thus creating a challenging clinical picture and necessitating a wide ranging toolbox. Little is still known about etiology or prognosis

of Long COVID, but expert opinion point to the importance of rehabilitation interventions for cardiopulmonary, neurologic, and musculoskeletal systems. Fatigue is a prominent symptom for people with Long COVID and a novel approach of applying training methods used by endurance athletes will be presented.

Course Objectives:

- Identify Long COVID symptoms
- Describe multisystem involvement and proposed etiology for Long COVID
- Identify potential interventions for Long COVID including applying ventilatory threshold training

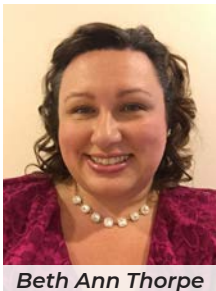
10:30 - 10:45 AM

Break

10:45 AM - 12:15 PM

The Future of Physical Therapy Clinical Education: Exploring Collaborative Contemporary Frameworks (1.5 CE Hours)

Beth Ann Thorpe, LPTA, MS, CSCS



Beth Ann Thorpe

Clinical education is a crucial component of physical therapy education. Sudden changes in traditional clinical education models recently prompted by the COVID-19 pandemic have proven to be effective and provide a glimpse into the future of clinical education in the evolving healthcare delivery system. This presentation explores emerging models and implementation in contemporary practice.

Course Objectives:

1. Identify internal and external factors affecting all stakeholders in physical therapy clinical education
2. Explore current and emerging clinical education models
3. Develop goals for implementing alternative clinical education strategies in contemporary practice

12:15 - 12:45 PM

Lunch / Break

12:45 - 1:15 PM

Oregon Board of Physical Therapy

1:15 - 1:30 PM

Break

1:30 - 3:00 PM

APTA Oregon Fall Business Meeting

Registration Information

Continuing Education Credit

CE Hours 4.0 – This course meets the Oregon Physical Therapist Licensing Board's requirements for continuing education. A Course Completion Certificate will be issued to registrants upon completion of the course. Oregon Licensed Therapists and Assistants are encouraged to consult Division 35 of the Licensing Board's Administrative Rules for complete information regarding CE Requirements in Oregon.

Course Registration Fees:

APTA Oregon/APTA Member*	\$50
APTA Oregon Service Member**	\$35
APTA Oregon/APTA Student Member	\$20
PT or PTA Non-Member	\$70

** Member category eligibility includes any APTA member whether in Oregon or any other state. (APTA member number is required.)*

*** For members serving on the APTA Oregon board or a Committee*

Payment Policy:

We can only accept registrations in the following ways: online at www.aptaoregon.org, via fax at 503.253.9172 or mailed to APTA Oregon at 147 SE 102nd Ave., Portland, OR 97216. We cannot accept emailed or phone in registrations.

Registrant agrees to grant APTA Oregon and Update Management the right to photograph or video Registrant during participation in the event. Registrant understands that any photographs or recordings may be used by APTA Oregon and Update Management for marketing and promotional purposes, at their sole judgment and discretion, without compensation or credit to Registrant.

Cancellation Policy

To register for the seminar, please complete the following information and send to the APTA Oregon office with payment by **September 24, 2021**. Cancellation Policy: Cancellations received on or before 5:00 pm September 24, 2021 will receive the full registration back, minus a \$10 administrative fee. Cancellations received after 5:00 pm September 24, 2021, no shows, or same-day cancellations won't be refunded.

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September 25, 2021 | Virtual Event

Only one registrant per form. Copy this form for additional registrants.

First Name: _____ Last Name: _____ Designations: _____

Badge First Name (if different): _____

*APTA Oregon Membership Number: _____ Oregon License Number: _____

Company Name: _____

Mailing Address: _____

City: _____ State: _____ Zip: _____

Business Phone: _____ Fax: _____ Email: _____

Liability Waiver: By registering for this workshop, you waive all liability to APTA Oregon for any injury that may occur.

Registration Fees — Please Check One:

- ☐ APTA Oregon/APTA Member* \$50
- ☐ APTA Oregon Service Member** \$35 **I serve on the following APTA Oregon board position or committee: _____
- ☐ APTA Oregon/APTA Student Member \$20 _____
- ☐ PT or PTA Non-Member \$70

*Member category eligibility includes any APTA member whether in Oregon or any other state.
(APTA member number is required.)

PAYMENT OPTIONS (US FUNDS): ☐ Check, Payable to APTA Oregon ☐ Visa/MasterCard ☐ American Express ☐ Discover

Card # _____ Exp. Date _____ Amount Authorized \$ _____

Name on Card _____ CVV: _____

Signature _____

Card Billing Address (required) _____ City _____ State _____ Zip _____

Phone # _____

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Confirmation:

Email confirmation will be sent for this event.

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Send to APTA Oregon via fax at 503.253.9172 or mail to 147 SE 102nd Avenue, Portland, OR 97216
Questions? Call 503.262.9247 or toll free at 1.877.452.4919